

OUR BREADS ARE FRESHLY BAKED, OUR PRODUCE WASHED AND CUT DAILY. NO PRE-ASSEMBLED SALADS OR SANDWICHES, ALWAYS MADE TO ORDER

STARTERS

- A3. CITRUS CRAB CAKES 6.50  
crab cakes served on a bed of citrus salad with oranges, lemons and limes
- A4. FRIED CALAMARI 6.95  
sprinkled with freshly shredded Parmesan cheese, garlic and parsley, served with homemade cocktail sauce
- A5. BRUSCHETTA 4.95  
traditional mix of Roma tomatoes, basil, garlic and cheese over sliced baguette
- A6. PINEAPPLE HOT WINGS 5.95  
buffalo wings with a pineapple and garlic zing, served with celery and carrot sticks and ranch dressing
- A7. FRIED ZUCCHINI 5.75  
slices of zucchini battered and fried, served with ranch dressing

*ask about our beer & wine selection!*

SALADS

- S1. CHICKEN GORGONZOLA 8.50  
romaine, sliced chicken breast, Gorgonzola cheese, walnuts, green apples, cherry tomatoes, onions and Gorgonzola dressing
- S2. CLASSIC CAESAR 7.25  
romaine, homemade croutons, freshly shredded Parmesan cheese and Caesar dressing
- S3. CHICKEN CAESAR 8.25  
romaine, sliced chicken breast, homemade croutons, freshly shredded Parmesan cheese and Caesar dressing
- S5. MANDARIN SALAD 7.50  
Spring Mix, Mandarin Oranges, pecans, dried cranberries and raspberry vinaigrette
- S6. CHINESE CHICKEN SALAD 8.50  
iceberg, marinated chicken, fried rice stick, peanuts, red peppers, cilantro, oranges and homemade dressing
- S7. TUNA SALAD 7.75  
romaine, white Albacore tuna, cherry tomatoes, sliced carrots, olives and herb vinaigrette
- S8. GRILLED SALMON SALAD 12.50  
Spring Mix, fresh grilled Salmon, fresh papaya, fresh mangos, Roma tomatoes and homemade mango dressing
- S10. THAI CHICKEN SALAD 8.50  
marinated chicken breast with napa cabbage, cucumbers, carrots, red bell peppers and homemade Thai dressing
- S11. PARMESAN-CRUSTED CHICKEN SALAD 8.95  
Butter lettuce, Radicchio, parmesan-crusting chicken breast, Fuji apples, grapes and ranch dressing

COLD SANDWICHES

- C1. THE ALPINE 6.95  
ham, Swiss cheese, tomatoes, green leaf and honey mustard on a freshly baked croissant
- C2. THE CALIFORNIAN 7.50  
turkey breast, Swiss cheese, avocado, tomatoes, green leaf and mayonnaise on a freshly baked croissant
- C3. THE PROLIFIC GARDEN 6.75  
tomatoes, green leaf, Alfalfa sprouts, cucumbers, avocado, roasted red bell peppers, onions and herb vinaigrette on whole wheat bread
- C4. PILGRIM'S DELIGHT 6.95  
turkey breast, cranberry sauce, cream cheese, tomatoes and green leaf on baguette
- C5. PESCADO DEL MAR 7.25  
white Albacore tuna, tomatoes, green leaf and mayonnaise on whole wheat bread
- C6. WISCONSIN'S PRIDE 7.50  
roast beef, extra sharp Cheddar, green leaf, onions, tomatoes and horseradish spread on baguette
- C7. CHICKEN SALAD SANDWICH 7.25  
sliced chicken breast, celery, green apples, raisins, tomatoes, green leaf, onions and mayonnaise on toasted white bread

HOT SANDWICHES

- H1. CALIFORNIA CHICKEN 7.95  
charbroiled breast, Monterey Jack cheese, sliced avocado, Alfalfa sprouts, tomatoes, green leaf and mayonnaise on white bread
- H2. MEXI-CHICKEN 7.95  
charbroiled breast, Pepper Jack cheese, sliced avocado, Ortega green chilies, Chipotle mayonnaise on baguette with a side of salsa fresca
- H4. HOT BEEF SUPREME 7.95  
thinly sliced roast beef with grilled onions, roasted bell peppers and Swiss cheese on baguette
- H5. SAUSAGE AND PEPPERS 7.75  
mild Italian sausage with grilled onions, garlic, bell peppers, marinara sauce and Asiago cheese on baguette
- H6. TURKEY TOMATO PESTO MELT 7.75  
turkey breast, Muenster cheese, tomatoes, green leaf, onions and Sun-Dried tomato pesto on Herb Ciabatta
- H8. SHRIMP CLUB 9.50  
shrimp, mayonnaise, avocado, bacon, tomatoes and green leaf on toasted white bread
- H10. PORTABELLO MUSHROOM 8.50  
marinated Portabello mushroom, roasted red bell peppers, eggplant, pesto, Pepper Jack cheese, tomatoes and green leaf on Focaccia
- H11. MAHI MAHI SANDWICH 9.95  
grilled Mahi Mahi, tomatoes, green leaf and freshly made pineapple salsa, served open faced on Focaccia bread

PANINIS

- N1. TACINO CLUB 8.25  
turkey breast, bacon, tomatoes and Muenster cheese with mayonnaise on sourdough
- N2. VIANDE PANINI 8.50  
roast beef, roasted red bell peppers, Asiago cheese, tomatoes and Chipotle mayonnaise on Herb Ciabatta
- N3. HAM PANINI 7.95  
Black Forest Ham, Swiss cheese, tomatoes and Dijon mayonnaise on Focaccia bread
- N4. CHICKEN PESTO 8.50  
chicken breast, fresh basil, tomatoes and Mozzarella cheese with Sun-Dried tomato pesto on sourdough

PASTAS

- P1. POMODORO PASTA 9.25  
angel hair pasta, fresh basil, Roma tomatoes, virgin olive oil and garlic
- P3. CHIPOTLE CHICKEN 10.25  
fettuccine, diced chicken breast, onions, bell peppers and Chipotle chilies in a cream sauce
- P5. ITALIAN SAUSAGE FETTUCCHINE 9.95  
spinach fettuccine, mild Italian sausage, onions, bell peppers, garlic and marinara sauce
- P6. CHICKEN SUN-DRIED TOMATOES 10.25  
linguine, chicken breast, garlic, mushrooms and Sun-Dried tomatoes
- P7. PRAWN LINGUINE 10.95  
linguine, prawns, corn, Sun-Dried tomatoes and Shiitake mushrooms smothered in a white cream sauce
- P8. SALMON & ARTICHOKE PENNE 11.95  
penne, smoked salmon, artichoke hearts and capers in a cream sauce

SOUPS & MORE

- T1. VEGETABLE TOFU PLATE 7.75  
tofu, baby spinach, tomatoes, zucchini, onions and mushrooms sautéed in homemade sauce, served with brown rice
- T8. CHICKEN CARBONARA 11.95  
a tender chicken breast smothered in a mushroom cream sauce, served with rice pilaf and sautéed vegetables
- T9. TILAPIA BEURRE BLANC 11.95  
pan-fried Tilapia served with rice pilaf, sautéed vegetables and homemade lemon beurre blanc sauce
- T2. 50/50 7.50  
1/2 sandwich of the day served with a cup of soup
- T3. SOUP & SALAD 7.50  
1/2 salad of the day served with a cup of soup
- T5. SANDWICH & SALAD 7.95  
1/2 sandwich of the day served with 1/2 salad of the day

ORDER ONLINE: [ONGINO.COM](http://ONGINO.COM)  
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T4. SOUP OF THE DAY C 3.50 | B 4.75  
 SIDE GARDEN GREENS 4.25 | W. MEAL 3.25

## CATERING/PARTY TRAYS

Planning a corporate lunch or a family gathering? Think of The Prolific Oven! Your favorite menu items can be ordered mixed and matched on party trays - quick and easy. We deliver and we'll even waive the delivery fee for lunch orders over \$100 to locations within 1-mile.

**PT1. COLD SANDWICH PARTY TRAY ONE 64.00**  
Alpine or The Prolific Garden

**PT2. COLD SANDWICH PARTY TRAY TWO 69.00**  
Californian, Pilgrim's Delight, Pescado del Mar or Wisconsin's Pride

**PT3. HOT SANDWICH PARTY TRAY ONE 74.00**  
Sausage & Peppers or Turkey Tomato Pesto

**PT4. HOT SANDWICH PARTY TRAY TWO 79.00**  
California Chicken, Mexi-Chicken, Hot Beef Supreme, Tacino Club, Viande Panini, Chicken Pesto or Ham Panini

You may choose up to two types of sandwiches within each category. Each tray consists of 10 orders.

PASTA TRAYS	6 orders	15 orders
POMODORO PASTA	55.00	120.00
CHIPOTLE CHICKEN	59.00	129.00
CHICKEN SUN DRIED TOMATO	59.00	129.00
THAI CHICKEN LINGUINI	59.00	129.00
ITALIAN SAUSAGE FETTUCINI	59.00	129.00
PRAWN LINGUINI	65.00	139.00
SALMON & ARTICHOKE PENNE	69.00	149.00

SALAD TRAYS	16"	18"
CLASSIC CAESAR SALAD	36.50	44.50
MANDARIN SALAD	41.50	49.00
TUNA SALAD	41.50	49.00
CHICKEN GORGONZOLA	44.50	54.00
CHICKEN CAESAR SALAD	44.50	54.00
CHINESE CHICKEN SALAD	44.50	54.00
THAI CHICKEN SALAD	44.50	54.00

FRESH FRUIT PLATTER	59.00
VEGETABLE MEDLEY	55.00

DESSERT PLATTERS	
MINI CREAM PUFFS, MINI ECLAIRS, MINI FRUIT TARTS, MINI LEMON TARTS OR MINI NAPOLEONS (25 PIECES)	49.50
COOKIES (30 PIECES)	45.00
MINI COOKIES (50 PIECES)	45.00

WE ALSO CATER BREAKFAST!  
PLEASE CALL TO SPEAK TO OUR CATERING  
MANAGER FOR MORE INFORMATION

## BREAKFAST UNTIL 10:30AM

WEEKDAYS UNTIL 10:30AM, WEEKENDS AND HOLIDAYS UNTIL 3:00PM

All egg dishes are made with 100% fresh eggs that we hand-crack. Served with hash browns and your choice of toast: white, whole wheat or sourdough. Toast may be substituted with homemade coffeecake or muffin for \$0.75

**B1. TWO EGGS ANY STYLE 5.50**  
served your style, with hash browns  
w/choice of bacon, sausage or ham 6.95

**B2. RIVERMARK'S SPECIAL 7.75**  
scrambled eggs with apple chicken sausage, fresh spinach, onions and mushrooms

**B3. VEGGIE SCRAMBLE 7.75**  
scrambled eggs with fresh spinach, olives, artichokes, tomatoes, mushrooms and onions

**B4. WESTERN SCRAMBLE 7.75**  
scrambled eggs with ham, Cheddar cheese, bell peppers and onions

**B5. CALIFORNIA OMELET 8.25**  
avocado, tomatoes and Monterey Jack cheese topped with sour cream

**B6. ITALIAN OMELET 8.25**  
Italian sausage, onions, bell peppers, black olives and Mozzarella cheese

**B7. MEXICAN OMELET 8.25**  
Chorizo, avocado, Pepper Jack cheese, sour cream and salsa fresca

**B8. SUNRISE OMELET 8.50**  
turkey, bacon, mushrooms, spinach and red onions topped with Muenster cheese and Sun-Dried tomato pesto

**B9. PAIN GRILLÉ FRANÇAIS\* 7.75**  
french toast made with homemade Challah bread, served with fresh fruit and your choice of bacon, sausage, ham, or two eggs

**B10. PLAIN WAFFLE\* 5.50**  
hot waffle served with butter

**B11. STRAWBERRY BANANA WAFFLE\* 7.50**  
waffle topped with fresh strawberries, bananas and whipped cream

**B12. BANANA PECAN WAFFLE\* 7.50**  
waffle topped with fresh bananas, pecans and whipped cream

**B13. FRUIT GRANOLA PARFAIT\* 5.75**  
fruit-flavored yogurt and granola, topped with whipped cream and fresh-fruit garnish (served all day)

**B14. EGGS BENEDICT\* 8.50**  
a toasted English muffin with Canadian bacon and two poached eggs, topped with Hollandaise sauce

**B15. VEGETABLE BENEDICT\* 8.50**  
a toasted English muffin with grilled tomatoes, creamed spinach and poached eggs, topped with Hollandaise sauce

**B16. LOX BENEDICT\* 8.95**  
a toasted English muffin with smoked salmon and poached eggs, topped with Hollandaise sauce

\*Not served with toast

Egg white is available upon request for 50¢

family owned and operated since 1980



# THE PROLIFIC OVEN

Bakery & Cafe



located inside Pacific Commons  
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